



# GIGMILL PRIMARY SCHOOL LUNCH MENU

SEPTEMBER 2022 TO APRIL 2023

## WEEK 1

5TH SEPT, 26TH SEPT, 17TH OCT, 31ST OCT, 21ST NOV, 12TH DEC, 2ND JAN, 23RD JAN, 13TH FEB, 27TH FEB, 20TH MAR

## WEEK 2

12TH SEPT, 3RD OCT, 7TH NOV, 28TH NOV, 9TH JAN, 30TH JAN, 6TH MAR, 27TH MAR

## WEEK 3

19TH SEPT, 10TH OCT, 14TH NOV, 5TH DEC, 16TH JAN, 6TH FEB, 13TH MAR

MONDAY

Tuna Pasta Bake  
v - Veggie Sausage Roll  
Battered Fish  
Creamed Potatoes & Sweetcorn  
Jacket Potato Or Sandwich Served with a Variety of Fillings  
Fruity Flapjack & Custard  
*Salad Selection, Fresh Bread, Fresh Fruit, Yoghurt, Cheese & Biscuits, Fruit Jelly*

TUESDAY

BBQ Chicken Wrap  
Veggie Fish Finger  
Fish Finger  
Potato Wedges, Carrots & Peas  
Jacket Potato Or Sandwich Served with a Variety of Fillings  
Lemon Drizzle Cake & Custard  
*Salad Selection, Fresh White and Wholemeal Bread, Fresh Fruit, Yoghurt, Cheese & Biscuits, Fruit Jelly*

WEDNESDAY

Traditional Roast Chicken  
Quorn Chicken Fillet  
Fish Goujons  
Roast & Boiled Potatoes, Peas/Carrots & Green Beans  
Jacket Potato Or Sandwich Served with a Variety of Fillings  
Chocolate Surprise Cake & Chocolate Sauce  
*Salad Selection, Fresh Bread, Fresh Fruit, Yoghurt, Cheese & Biscuits, Fruit Jelly*

THURSDAY

Chicken Curry Rice & Naan Bread  
Crispy Quorn Nuggets  
Fish Bites  
Saute Potatoes, Broccoli and Carrots  
Jacket Potato Or Sandwich Served with a Variety of Fillings  
Apple Crumble & Custard  
*Salad Selection, Fresh Bread, Fresh fruit, Yoghurt, Cheese & Biscuits, Fruit Jelly*

FRIDAY

Fish Cake  
Cheese & Tomato Pizza  
Chipped Potatoes, Baked Beans & Sweetcorn  
Jacket Potato Or Sandwich Served with a Variety of Fillings  
Orange Iced Sponge  
*Salad Selection, Fresh Bread, Fresh Fruit, Yoghurt, Cheese & Biscuits, Fruit Jelly*

Cheese & Tomato Pinwheel  
Battered Fish  
Herby Diced Potatoes, Spaghetti Hoops in Tomato Sauce/Mixed Vegetables  
Jacket Potato Or Sandwich Served with a Variety of Fillings  
Fruit Cheesecake  
*Salad Selection, Fresh White/ Wholemeal Bread, Fresh Fruit, Yoghurt, Cheese & Biscuits, Fruit Jelly*

Spaghetti Bolognese & Garlic Bread  
Vegetable Fingers  
Fish Finger  
Creamed Potatoes, Sweetcorn & Peas  
Jacket Potato Or Sandwich Served with a Variety of Fillings  
Chocolate Crunch & Mint Custard  
*Salad Selection, Fresh Bread, Fresh Fruit, Yoghurt, Cheese & Biscuits, Fruit Jelly*

Traditional Roast Chicken  
Vegetarian Meatballs with Pasta in Tomato Sauce  
Fish Goujons  
Roast & Boiled Potatoes, Broccoli & Mixed Veg  
Jacket Potato Or Sandwich Served with a Variety of Fillings  
Apple Shortbread & Custard  
*Salad Selection, Fresh Bread, Fresh Fruit, Yoghurt, Cheese & Biscuits, Fruit Jelly*

Mediterranean Chicken Wrap  
Cheese & Potato Pie  
Fish Bites  
Potato Wedges, Baked Beans, Sweetcorn & Coleslaw  
Jacket Potato Or Sandwich Served with a Variety of Fillings  
Pineapple Upside Down Cake & Custard  
*Salad Selection, Fresh Bread, Fresh Fruit, Yoghurt, Cheese & Biscuits, Fruit Jelly*

Hot Dog In A Roll  
Cheese & Tomato Pizza  
Battered Fish  
Chipped Potatoes, Baked Beans & Peas  
Jacket Potato Or Sandwich Served with a Variety of Fillings  
Strawberry Mousse  
*Salad Selection, Fresh Bread, Fresh Fruit, Yoghurt, Cheese & Biscuits, Fruit Jelly*

Fish Fingers  
Quorn & Sweet Potato Curry & Naan Bread  
Potato Wedges, Boiled Rice, Sweetcorn / Peas  
Jacket Potato Or Sandwich Served with a Variety of Fillings  
Carrot Cake & Custard  
*Salad Selection, Fresh Bread, Fresh Fruit, Yoghurt, Cheese & Biscuits, Fruit Jelly*

Homemade Meat & Vegetable Pie  
Mac & Cheese  
Fish Fingers  
Creamed Potatoes, Broccoli & Mixed Vegetables  
Jacket Potato Or Sandwich Served with a Variety of Fillings  
Sticky Toffee Pudding & Custard  
*Salad Selection, Fresh Bread, Fresh Fruit, Yoghurt, Cheese & Biscuits, Fruit Jelly*

Traditional Roast Chicken & Seasoning  
Quorn Fillet  
Fish Goujons  
Baby Boiled Potatoes, Carrots, Peas  
Jacket Potato Or Sandwich Served with a Variety of Fillings  
Apple Sponge & Custard  
*Salad Selection, Fresh White and Wholemeal Bread, Fresh Fruit, Yoghurt, Cheese & Biscuits, Fruit Jelly*

All Day Brunch  
Tomato Pasta Bake  
Fish Bites  
Hash Brown Potatoes, Baked Beans & Country Veg  
Jacket Potato Or Sandwich Served with a Variety of Fillings  
Chocolate Cracknel  
*Salad Selection, Fresh Bread, Fresh Fruit, Yoghurt, Cheese & Biscuits, Fruit Jelly*

Salmon Bites  
Cheese & Tomato Pizza  
Chipped Potatoes, Spaghetti Hoops & Sweetcorn  
Jacket Potato Or Sandwich Served with a Variety of Fillings  
Fruit & Ice cream  
*Salad Selection, Fresh Bread, Fresh Fruit, Yoghurt, Cheese & Biscuits, Fruit Jelly*

There is to be no deviation from this menu, as these are fully nutritionally analysed and allergen information linked to our parent portal. [clscatering.mysaffronportal.com](http://clscatering.mysaffronportal.com)